

## Patient Intake Form

We recognize this is a long form and requires lots of information, the more complete you are able to have this form for us the easier it will be to provide comprehensive care.

Patient Name: \_\_\_\_\_

Date of Birth (dd/mm/yyyy): \_\_\_\_\_

PHN (on carecard): \_\_\_\_\_

Current/ongoing medical conditions (*e.g. high blood pressure, high cholesterol, irritable bowel syndrome, depression, etc.*):

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Previous/resolved medical conditions (*e.g. childhood asthma, eczema, broken wrist, etc.*):

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Surgeries/procedures or Hospitalizations (*please include the year and details of any time you had surgery, or were admitted to the hospital overnight*):

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Prescription Medications (*include name of medication, dose/strength, and how often you take it, e.g. lipitor 10mg once per day, ramipril 5mg two times per day*):

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Over the Counter and Herbal Products:

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Allergies (*include the trigger and the reaction you get, e.g. penicillin - rash, peanuts - hives*):

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Smoking History:

- [ ] Never smoked  
[ ] Previous smoker - How many years & Avg # cigarettes \_\_\_\_\_  
[ ] Current Smoker - Number of cigarettes per day & how many years \_\_\_\_\_

Alcohol Use: Number of drinks/week: \_\_\_\_\_

Additional Substance Use: \_\_\_\_\_

Name and Contact Information of Specialists Involved in Your Care:

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**Family medical history (parents, siblings and children are most relevant)**

*(Please indicate family member and age at diagnosis):*

Heart disease, heart attack: [ ]NO [ ]YES

Family Member and Age at Diagnosis: \_\_\_\_\_

Stroke: [ ]NO [ ]YES

Family Member and Age at Diagnosis: \_\_\_\_\_

High blood pressure: [ ]NO [ ]YES

Family Member and Age at Diagnosis: \_\_\_\_\_

Diabetes: [ ]NO [ ]YES

Family Member and Age at Diagnosis: \_\_\_\_\_

Thyroid disorder: [ ]NO [ ]YES

Family Member and Age at Diagnosis: \_\_\_\_\_

Breast, ovarian, colon or prostate cancer: [ ]NO [ ]YES

Family Member and Age at Diagnosis: \_\_\_\_\_

Mental Illness (*e.g. anxiety, depression, bipolar, schizophrenia*): [ ]NO [ ]YES

Family Member and Age at Diagnosis: \_\_\_\_\_

Other: \_\_\_\_\_

Children (*please list names, gender, year of birth & any serious illness*):

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Relationship Status: \_\_\_\_\_

Current or Previous Occupation: \_\_\_\_\_

Previous Family Doctor's Contact Information:

\_\_\_\_\_

Pharmacy Contact Information:

\_\_\_\_\_

Emergency Contact & Relation:

\_\_\_\_\_

Other Information You Would Like Us to Know:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Is there anyone you would like us to be able to share information about your health with? Please let us know so we can get appropriate consent and include this information on your chart.

*Please also let us know if you have a medical POA or have had discussion around goals of care.*

Finally, please bring all your **medications** and **immunization records** for your first appointment.

You can email the finished form to [intake@ballemmedical.com](mailto:intake@ballemmedical.com)